

**TRAINING IN BIOGRAPHICAL COUNSELLING
YEAR 3
BIOGRAPHICAL COUNSELLING AS A VOCATION**

September 2008 – July 2009

One weekend a month from October – April, beginning with a week in September and ending with two graduation weeks in July
Venue: Emerson College

Course Tutor: Margli Matthews

This course is open to people who have completed all the training modules and requirements of Year 1 and Year 2 of the Training in Biographical Counselling

The year aims:

- to widen and consolidate understanding of the practice and process of biographical counselling through the study of specialist themes, own individual research and the exchange of experiences, questions and dilemmas met on students' path of development, research and clinical practice;
- to provide the opportunity for students to assess the role of biographical counselling in the context of the wider profession particularly through research into an area of particular concern to their practice as biographical counsellors
- to provide the opportunity for students to assess and critique their own capabilities in client work particularly through writing and presenting a case study
- to encourage creativity and responsibility in the profession and demonstrate full awareness of professional competence in biographical counselling and of the role of research and continuing professional development

The following weekend of this course is open to friends or graduates of the *Training in Biographical Counselling*

16 – 18 January 2009

The Diagnosis of the Sheaths: Awakening to Karma, with Dr. Maurice Orange

For further information or to apply contact:

**Margli Matthews
Biography and Social Development Trust
First Floor North
Hillside House
Lewes Road, Forest Row, RH18 5ES**

18 - 22 May 2009

**The Art of Dialogue: Die Kunst des Zwiegesprächs
with Wolfgang Drescher, Cordula Falt & Margli Matthews**

Applications to be received by 24 April; balance of tuition and full payment for meals to be received by 3 May

Workshop Times

9am - 5:30pm daily (9am - 12:30pm on Friday)

This week is a training module within the *Training in Biographical Counselling*. It is open to people in social/therapeutic professions, couples who are interested in finding new means and ways of coming into dialogue with each other and anyone who wants to further their understanding of human relationships and the main difficulties and main resources of living together.

The workshop will provide an introduction to a unique way of working together for couples and partners - a method of couple conversation therapy known as "Zwiegespräch" in Germany where it has been developed. The focus will be on training participants in this special way of conversation which connects mutual understanding, self awareness and the further development of both the individuals and their relationship.

There will be demonstrations of dialogue, practise in small groups, talks on the theme and seminar times for questions, conversation and supervision. There will also be Eurythmy to accompany the theme of meeting and being together.

Course Leaders

Wolfgang Drescher is a social worker and counsellor with many years experience working with both individuals and couples. He runs courses for couples and works in and with the Institute for Anthroposophical Psychotherapy in Germany.

Cordula Falt is a psychologist and psychotherapist. She trains therapists in the Graduate Course for Relationship Therapy and in the Post-graduate course for Anthroposophical Psychotherapy in Germany and Russia.

Margli Matthews, MBACP (Accred), PG Dip Couns, Diploma Biographical Counsellor, Cert. Supervision is a Biographical Counsellor, Trainer and Supervisor with many years' experience in private practice and adult education. She is director of the *Training in Biographical Counselling* and co-founder of the *Biography and Social Development Trust*.